

Premium REWARDS

Extra! Extra! Read All About It!!

When you take the first steps this year on the way to a healthier you, the Commonwealth will give you a **Premium Reward!** More good news is that your spouse will be able to help you earn these savings. Put these dates on your calendar.

Earn Premium Rewards from July – December 2013:

- Be enrolled in **COVA Care** or **COVA HealthAware** beginning July 1, 2013
- Complete a health assessment **between May 1 and May 24** at www.myactivehealth.com/COVA or by calling 866-938-0349.
- You will earn savings on July 1:
 - ♣ **Employee or spouse:** \$102, or \$17 a month
 - ♣ **Employee and spouse:** \$204, or \$34 a month

Continue Your Premium Rewards from January – June 2014:

- Be sure to take all the steps above.
- Complete a biometric (health) screening between **August 1 and October 31** at a work site, specific LabCorp location or at your doctor's office
- Keep your premium savings for the rest of the year!

Your Total Annual Premium Savings

- **Employee or Spouse:** \$204
- **Employee and Spouse:** \$408